

## SuperKick Facility Regulations

Our goal is to make SuperKick “your training center”. We respectfully request that all participants, coaches and observers follow these rules for everyone’s safety and to maintain facility conditions.

### FOOTWEAR POLICY

- **PLEASE CLEAN YOUR CLEATS AND REMOVE ALL MUD AND DEBRIS BEFORE YOU ARRIVE AT SUPERKICK!** Please do not leave mud and debris outside the entry doors, in the halls and lobbies, or on the turf. Please pick up and discard debris to help maintain facility conditions.
- Molded cleats, soccer flats/indoor shoes or standard cross trainer type athletic shoes may be worn on the turf. “Screw-In” type cleats may never be worn. **NO BASEBALL SPIKES ALLOWED.**

### GENERAL FACILITY REGULATIONS

- **ONLY WATER & SPORTS DRINKS ARE ALLOWED IN THE TRAINING AREA. Please do not bring FOOD, CANDY, GUM, COFFEE OR SODA INTO THE TRAINING AREA at any time.** Food may only be consumed in the lobbies.
- **PLEASE! NO SPITTING** on turf. If you must spit, please do so in the trash cans.
- **DO NOT CHEW GUM** in the facility.
- Balls should never be dribbled, bounced, kicked, thrown, etc. in the lobbies, office area, hallways, locker rooms or restrooms. Please carry, hold or place all equipment in gear bags when entering and exiting. Facility damage resulting from failure to follow this rule will be your responsibility.
- Please proceed to your practice zone along the side of the zones, and only at your assigned start time. Please do not “cut through” other training zones or disturb other teams training in the facility. Please place gear bags against the wall in your training zone. Please do not place belongings in walkways or traffic areas.
- **PLEASE DO NOT HANG ON OR PULL CURTAINS OR NETS.** Equipment and training aids may be moved by participants under supervision of a coach or staff member. Please lift and do not drag heavier equipment on turf. If you need assistance, please contact a SuperKick staff member.
- Please **DO NOT** kick soccer balls into the lights, ceilings or fixtures. Violators will be warned, and training privileges may be revoked if problems persist. **NO PUNTING OR DROPKICKS ALLOWED AT ANY TIME!**
- Please clean up your zone when your training session is finished. Please discard trash, tape, debris, etc. in garbage cans located throughout the facility. If you use the showers in the Locker Rooms, please turn off water completely.
- Please open all doors with caution. Emergency Exit doors are to be opened **ONLY IN THE CASE OF EMERGENCY.**
- Please do not enter the storage and utilities fenced area in the Southeast corner of the building.
- The entire facility and parking area is **NON-SMOKING.**
- **NO PETS ALLOWED.**
- All participants and coaches must have a signed and current Release of Liability Form on file prior to participation. SuperKick reserves the right to discontinue activity for teams or individuals that do not comply.
- **In the event of a serious injury, DO NOT move injured participant** and contact a SuperKick staff member immediately. Emergency Services will be called if necessary, and an injury/accident report will be completed.

### OBSERVERS & NON-PARTICIPANTS

It is SuperKick’s policy that non-participants and observers **may not** enter the training area. Exceptions to this rule may include entry by permission of an authorized coach or club director, for league games, scrimmages, or events with prior approval. Please remain in the zone where your activity is taking place, and do not enter vacant areas or zones occupied by other teams/programs. **PARENTS AND GUARDIANS, PLEASE SUPERVISE NON-PARTICIPANT CHILDREN AT ALL TIMES.**

We hope you enjoy the facility, your participation and support of SuperKick is greatly appreciated! Thank you!